

DA	DATE:	
	Declutter and organize shoes, coats, and accessories	
	Wipe down doors, doorknobs, and light switches	
	Clean and disinfect entryway table or console	
	Dust and clean decorative items, mirrors, and picture frames	
	Sweep, mop, or vacuum floors (including under rugs)	
	Shake out and wash entryway rugs and doormats	
	Wipe down baseboards and walls	
	Clean or replace light fixtures and bulbs	
	Organize mail and keys	



DATE:	
Empty, clean, and organize pantry (check for expired items)	d
Wipe down all kitchen cabinets and handles	
Deep clean refrigerator and freezer (discard expired	items)
Scrub microwave inside and out	
Clean oven and stovetop (including burner grates a pans)	nd drip
Sanitize sink and garbage disposal (use baking soda vinegar)	a and
Disinfect and wipe down countertops and backspla	sh
Clean and descale coffee maker, kettle, and small appliances	
Wipe down and sanitize trash can (replace bag)	
Wash and organize dish towels, oven mitts, and pot	holders
Sweep and mop floors (scrub grout if needed)	



DATE:	
	Toss expired toiletries, makeup, and medicines
	Deep clean bathtub, shower, and glass doors
	Scrub grout and re-caulk if needed
	Clean toilet inside and out (including base and behind)
	Wipe down mirrors and vanity countertops
	Clean sink and faucet (remove mineral buildup)
	Wash or replace shower curtain and liner
	Scrub and disinfect bathroom trash can
	Wipe down light switches, doorknobs, and baseboards
	Wash bath mats and towels



DA	DATE:	
	Dust and wipe down all surfaces, including furniture	
	Vacuum and spot clean upholstery	
	Dust and clean TV and electronics (wipe down remote controls)	
	Wash throw blankets and pillow covers	
	Declutter bookshelves and organize items	
	Wipe down coffee table and end tables	
	Clean ceiling fans, light fixtures, and lamps	
	Wash windows and dust blinds or curtains	
	Sweep, vacuum, and mop floors (move furniture if possible)	



DATE:	
Wash all bedding, including comforters, blankets, and pillowcases	
Flip and rotate the mattress (vacuum if needed)	
Declutter and organize nightstands and dressers	
Dust and wipe down furniture and decor	
Clean under the bed and behind furniture	
Wash windows and wipe down blinds or curtains	
Organize closets (donate unused clothes and shoes)	
Dust and clean mirrors and picture frames	
Wipe down baseboards and light switches	
Sweep, vacuum, or mop floors	



DA	DATE:	
	Dust and wipe down dining table and chairs	
	Clean and polish wooden furniture	
	Wipe down light fixtures and clean chandelier (if applicable)	
	Wash placemats, tablecloths, and chair cushions	
	Dust and clean china cabinet or buffet	
	Sweep and mop floors (pay attention to corners)	



DAT	DATE:	
	Declutter and organize toys (donate or discard broken items)	
	Disinfect plastic toys and wipe down stuffed animals	
	Wipe down and sanitize toy bins and storage units	
	Clean and disinfect play mats and rugs	
	Dust and wipe down bookshelves and furniture	
	Vacuum and spot clean couches or seating areas	
	Wipe down walls, doors, and baseboards	
	Sweep, vacuum, and mop floors	



DA	E:
	Wipe down and disinfect washer and dryer (inside and out)
	Clean out dryer vent and lint trap
	Organize laundry supplies and discard empty containers
	Wipe down countertops, sink, and cabinets
	Sweep and mop floors
	Wash and organize reusable shopping bags and cleaning rags
	Clean mudroom benches, shoe racks, and storage areas



DATE:	
	Dust and wipe down handrails and banisters
	Wipe down walls and baseboards
	Clean light fixtures and switch plates
	Vacuum or mop floors (including stairs)
	Spot clean scuff marks on walls



DA	DATE:	
	Declutter and organize desk drawers and office supplies	
	Dust and clean computer, keyboard, and monitor	
	Organize paperwork (shred unnecessary documents)	
	Wipe down bookshelves and electronics	
	Clean office chair and vacuum rug or floor	
	Sanitize phone, mouse, and frequently touched surfaces	



DA	DATE:	
	Declutter and sort items into keep, donate, and discard piles	
	Sweep and mop floors (vacuum cobwebs from corners)	
	Wipe down storage shelves and workbenches	
	Clean out and organize toolboxes and equipment	
	Dispose of old paint, chemicals, and broken items responsibly	
	Wash and store seasonal decorations properly	
	Organize sports equipment and outdoor gear	



DA	DATE:	
	Sweep and clean porch, patio, and deck	
	Wash outdoor furniture and cushions	
	Clean and organize gardening tools and supplies	
	Wipe down and clean outdoor light fixtures	
	Check and clean gutters and downspouts	
	Power wash driveway and sidewalks	
	Refresh front door and doormat	
	Wash exterior windows and screens	



DATE:
Remove all trash and clutter from the car
Vacuum floors, seats, and trunk
Wipe down dashboard, console, and cup holders
Clean and disinfect steering wheel, gear shift, and door handles
Wipe down and clean interior windows and mirrors
Wash floor mats and seat covers (if removable)
Organize glove compartment and center console
Check and refill fluids (windshield washer fluid, oil, etc.)
Wash and wax the exterior
Clean tires and rims
Restock essentials (emergency kit, tissues, wipes, etc.)